Seafood

Colossal Alaskan King Crab Legs

Steamed and served with drawn butter and lemon Market Price

Seared Sesame-Crusted Ahi Tuna

Mango, cucumber, and cabbage chow-chow, ginger infused purple yams and stir fried vegetables

Seared Filet of Pacific Salmon

Pea whipped potato, red pepper coulis and shaved fennel — pea shoot salad

Jumbo Prawns and Diver Scallops

Scallion rice pilaf, baby bok choy and fresh orange ginger glaze 42

Australian Lobster Tail

Baked and served with drawn butter and wrapped lemon Single - 55 Double - 85

Dover Sole and Dungeness Crab Roulades

Chive soft polenta, spring vegetables, chardonnay shrimp cream sauce

Sweet Chili Glazed Swordfish

Jasmine rice, garlic-soy broccolini, mango-mint salad and mango coconut sauce

Sautéed Chilean Sea Bass

Dungeness crab risotto with lobster sauce, hollandaise and truffle vinaigrette

40

Almond Crusted Alaskan Halibut Filet

Sautéed and served on creamy barley risotto with amaretto butter sauce 38

From our Mesquite Wood-Burning Broiler

All steaks served with your choice of - baked potato, garlic mashed potatoes or steakhouse fries

(red center, very cool)

Medium Rare (red, warm center)

Medium (pink center)

Well (no pink)

Filet Mignon

Superbly tender and char-broiled for optimum flavor 70z. - 35 110z. - 40

Rib Eye Steak

Bone on, richly marbled for peak flavor and juiciness

New York Strip Steak

Black Angus strip loin choice of bone on or bone off 43

Steak & Lobster

Petite Filet Mignon accompanied by a succulent lobster tail 72

Filet and Tiger Prawns

Tender tournedos of filet mignon paired with two jumbo Tiger prawns served with a zesty green peppercorn Cognac sauce

42

Classic Porterhouse Steak

20oz. of pure pleasure Char-broiled to achieve uniquely distinct flavors 49

Sterling's Rack of Lamb

Showcased with wild berry and mint demi. Carved tableside

44

Roast Prime Rib of Beef

Slow Roasted fully aged and tender Sterling 12oz. - 38 Baron 160z. - 44

Chateaubriand (for two)

18oz. filet served with a complement of fresh vegetables, potato, Cognac demi and Béarnaise sauces. Carved tableside

Bacon Wrapped Maple Leaf Duck Breast

Apple and walnut stuffed, celery root puree, cranberry chutney and caramelized apple brandy sauce

Side Effects

Steamed asparagus

Crisp fried shaved onions

Creamed spinach

Garlic mashed potatoes

Steakhouse fries

Fettuccini Marinara

Sautéed spinach

Fettuccini Alfredo

Sautéed mushrooms Creamy Bourbon corn Sterling's baked macaroni Fontina

Baked potato

Parmigiano-Reggiano risotto

King Crab Mac 'n' Cheese

Fresh ditalini pasta mixed with fontina and Reggiano cheeses with chunks of Alaskan King Crab 16

"Oscar Style"

Add to any meat or fish entrée

One jumbo King Crab leg removed from the shell, four pieces of fresh asparagus and Hollandaise sauce

Customize Your Steak

Creamy Shiitake mushroom, sun dried tomato, and fresh basil demi

Green peppercorn sauce

English Stilton bleu cheese crust with Port Wine demi

Morello cherry BBQ sauce

Cajun style, blackened and served with spicy Étouffée sauce

Béarnaise sauce

Red chile crusted, chipotle Hollandaise

Cracked black pepper crust with creamy Cognac demi

Hollandaise

6

Appetizers and Soups

Chilled Jumbo Gulf Prawns

Paired with zesty cucumber and bay shrimp salad

Avocado and Dungeness Crab

Fresh avocado topped with dungeness crab, cilantro lime tzatziki sauce and roasted red pepper coulis

Traditional Escargot

Served with rich garlic herb and white wine butter 16

Dungeness Crab Cake

Crisp dungeness crab cake, buttered wild mushrooms, asparagus-pea shoot salad and fresh asparagus coulis

Seared Duck Foie Gras

(Not available in California)

A generous portion of seared Foie Gras, served on butter toasted Brioche, blueberry port wine coulis, fresh berries and mango, mango pepper salad with a hint of fresh mint

28

Fresh Ahi Tuna Sashimi

Spicy cellophane noodle salad, wasabi, ketjap manis and sriracha sauce

15

Shrimp Scampi and Lobster Risotto

Baby tomato compote and caper lemon vinaigrette

Sterling's Housemade Lobster Bisque

Accompanied by crème fraiche and a side of warm Bodegas Toro Albala Gran Reserve Sherry

12

Nori Wrapped Sea Scallops

Spicy daikon sprout salad, ponzu glaze and wasabi oil

14

Chilled Bluepoint Oysters on the Half Shell

Served with cocktail and mignonette sauces on a bed of crushed ice 1/2 Dozen -16 1 Dozen -28

Oysters Rockefeller

Served hot on creamy sautéed spinach with Pernod and glazed with hollandaise sauce 1/2 Dozen -18

Colorado Lamb Chop

Mesquite grilled lamb chop, blueberry balsamic butter sauce, garlic mashed potato and potato crisp

14

Carpaccio of Beef

Filet mignon thinly sliced, baby arugula, shaved reggiano parmesano, dijon mustard and extra virgin olive oil

13

New England Clam Chowder

A classic thick and creamy recipe

7

Sterling's French Onion Soup

Finished with fine sherry and topped with a gratin of Gruyere cheese

8

Salads

Classic Caesar Salad

Crisp cut Romaine lettuce tossed with croutons, Parmigiano-Reggiano cheese and caesar dressing

Beefsteak Tomato and Buffalo Mozzarella

Thin-sliced and served chilled over baby greens with our house red onion dressing and basil pesto sauce

Baby Spinach Salad

Chopped egg, sliced mushrooms, shaved red onion and crisp bacon bits with warm honey Dijon dressing

Sterling's House Salad

Mixed greens encased in a crisp, savory Tuile Cookie surrounded with Kalamata olives and cherry tomatoes, sprinkled with fresh chives. Your choice of dressing

8

Sterling's Steakhouse Wedge Salad

Crisp wedge of iceberg lettuce with bleu cheese crumbles, diced red onion, cucumber and bacon bits served with our house bleu cheese dressing

9

Selection of Dressings to include: Bleu Cheese, Ranch, House Red Onion, Creamy Basil, Thousand Island, Honey Mustard or Extra Virgin Olive oil and barrel-aged Balsamic vinegar

All entrées served with your choice of Clam Chowder or Sterling's House Salad

Poultry, Pasta and Vegetarian

Chicken Fettuccini

Fresh Boursin Cream with Portobello mushrooms, artichoke hearts, fresh diced tomato and fresh basil.

Served over fettuccini pasta

28

Sterling's Vegetarian Napoleon

Layers of fresh vegetables, spinach, asparagus, Portobello mushroom, Hawaiian purple yams and quinoa.

Topped with grilled tomatoes, buffalo mozzarella, drizzled with red pepper, basil pesto, and curried olive oils

Seafood Capellini

Sautéed Diver scallops, Gulf prawns and King crab with dry vermouth, fresh Roma tomatoes, basil and garlic. Finished with smoked mozzarella cheese

Pan-Seared Chicken Breast

Over garlic mashed potatoes, spinach-stuffed Portobello mushroom topped with melted Fontina cheese accompanied with natural jus

26

Wise Spectator

AWARD
OF

EXCELLENCE

2012

)

Chef de Cuisine Neil Campbell